**Pollinator Plant List**

**for the City of Sanford, Town of Broadway and County of Lee**

List Adapted from *The North Carolina Pollinator Toolkit* Prepared by the North Carolina Botanical Garden (2019); Updated 04/2025

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| **Species** | **Common Name** | **Habit** | **Nectar or host/****habitat** |
| *Amsonia ssp.* | bluestar | herb | nectar |
| *Andropogon ssp.* | bluestem | grass | host/habitat |
| *Asclepias incarnata* | swamp milkweed | herb | nectar, host/habitat |
| *Asclepias tuberosa* | butterfly milkweed | herb | nectar, host/habitat |
| *Baptisia ssp.* | wild indigo/redneck lupine | herb | nectar |
| *Chamaecrista fasciculata* var. *fasciculata* | partridge pea | herb | nectar, host/habitat |
| *Chelone ssp.* | turtlehead | herb | nectar |
| *Chrysogonum virginianum* | green and gold | herb | nectar |
| *Conoclinium coelestinum**(*syn. *Eupatorium coelestinum)* | blue mistflower | herb | nectar |
| *Coreopsis ssp.* | tickseed | herb | nectar |
| *Eragrostis hirsuta* | bigtop lovegrass | grass | host/habitat |
| *Echinacea ssp.* | Coneflowers | herb | nectar, host/habitat |
| *Eryngium yuccifolium* var*. yuccifolium* | rattlesnake master | herb | nectar |
| *Eurybia divaricata**(*syn*. Aster divaricatus)* | white wood aster | herb | nectar |
| *Eutrochium ssp. (*syn. *Eupatorium ssp.)* | joe-pye weed | herb | nectar |
| *Geranium maculatum* | spotted geranium | herb | nectar |
| *Heliopsis helianthoides* var. *helianthoides* | smooth oxeye | herb | nectar |
| *Hibiscus moschuetos* | crimson-eyed rose- mallow | herb | nectar, host/habitat |
| *Liatris ssp.* | blazing star | herb | nectar |
| *Lindera benzoin* | northern spicebush | shrub, tree | host/habitat |
| *Lobelia ssp.* | Cardinal flower | herb | nectar |
| *Lonicera sempervirens* | trumpet honeysuckle | vine | nectar, host/habitat |
| *Monarda ssp.* | beebalm | herb | nectar |
| *Oenothera fruticosa* | narrowleaf evening primrose | herb | nectar |
| *Panicum virgatum* | switchgrass | grass | host/habitat |
| *Penstemon ssp.* | beardtongue | herb | nectar, host/habitat |
| *Phlox ssp.* | wild blue phlox | herb | nectar |
| *Pycnanthemum ssp.* | mountainmint | herb | nectar |
| *Rudbeckia ssp.* | black- eyed susan | herb | nectar |
| *Sassafras albidum* | sassafras | tree | host/habitat |
| *Schizachyrium scoparium* | little bluestem | grass | host/habitat |
| *Scutellaria ssp.* | skullcap | herb | nectar |
| *Silene virginica* | fire pink | herb | nectar |
| *Silphium ssp.* | rosinweed | herb | nectar |
| *Solidago ssp.* | goldenrod | herb | nectar |
| *Sorghastrum nutans* | indiangrass | grass | host/habitat |
| *Symphyotrichum ssp.* | North American asters | herb | nectar |
| *Thermopsis villosus* | Aaron's rod | herb | nectar |
| *Vernonia ssp.* | stemless ironweed | herb | nectar |
| *Zizia aurea* | golden alexanders | herb | nectar, host/habitat |



 This symbol means you can see this plant at the Pollinator Haven Garden at 2420 Tramway Road, Sanford, NC at the NC Cooperative Extension- Lee County Office

To learn more about the Pollinator Haven Garden and pollinator gardening, visit: <https://lee.ces.ncsu.edu/pollinator-garden/>