



What's News

March 20223

YC AWARDED CLUB OF THE YEAR



Thank you to all the Young Commissioners who came out to the Awards Banquet and helped us accept the CLUB OF THE YEAR AWARD. You all worked very hard in 2022 and it shows.

CONGRATULATIONS

See page 2 for more awards.

RECRUITING

At March's meeting we will be discussing how we can continue our winning streak by recruiting new and great people to Young Commissioners. Let your friends know about our award winning club. Start your list of who you want to invite to our April and May meetings and who you think would like to join Young Commissioners. They will still need to complete our 2 week program June 12th-23rd.

Let's start brain storming on how to recruit the best.

President
Jocelyn Gomez
Vice President
Sally Cabrera
Secretary
Jeanne Apperson
Treasurer
Nikki Ragland

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Omar Brito—District
Day & State Public
Speaking Gold Medal
Winner

Lee County 4-H Presents

One
in a
Million

Sally Cabrera—
YC of 2022
District Day Gold Medal
Winner
& Project Record Book
District Gold Winner

Honoring 2022 Achievements

February 17, 2023

6:00pm

LEE COUNTY FARM BUREAU AUDITORIUM
MCSWAIN EXTENSION EDUCATION & AGRICULTURAL CENTER
2420 TRAMWAY ROAD, SANFORD NC 27332



Omar Brito—
New YC of 2022
Public Speaker of 2022



Addison Tunnard
Community Award 2022



Jocelyn Gomez :
4Her of 2022
Leadership Award 2022
Citizenship Award 2022



Governor's Page Program

Page Program Description

Established in 1973, the Governor's Page Program gives high school students from all over North Carolina the opportunity to come to Raleigh for a week of hands-on participation in their state government. We want the Page Program to represent North Carolina's diverse communities and help inspire a new generation of leaders.

The program is designed to help students grow in four key areas:

- **Civics.** Pages will see first-hand the three different branches of government and how they work together to serve the people of North Carolina.
- **History.** Pages will learn about our shared history so that we can better understand the present.
- **Service.** Pages will learn more about the importance of community and civil service, and the impact it has on our state.

Professional Development. Pages will interact with professionals in state government and develop skills needed for entering higher education or the workforce.

Criteria

Each applicant must be a North Carolina high school student in good academic standing and classified as a Junior, Senior, or recent high school graduate. Pages are selected to serve for a term of four days. All pages must abide by a Code of Conduct throughout their time in the program, which includes COVID-19 policies.

Go to **<https://governor.nc.gov/governors-page-program>** for more information and application.



YC CALENDAR OF EVENTS

MARCH/APRIL

March

2nd—4:30-6:30pm General Meeting
Extension Center
23rd—Concert Concessions
Mann Center

April

6th—4:30-6:30pm General Meeting
Extension Center

Things to celebrate in March

1st—Peanut Butter Lovers Day National Pig Day	2nd—National Banana Cream Pie Day Dr. Suess Day
3rd-Simplify your life Day	4th-National Hug a G.I. Day
6th-National Whit Chocolate Cheesecake Day	7th-National be Heard Day
8th-National Peanut Cluster Day	9th-National Get Over it Day
10th-National Blueberry Popover Day	12th-National Plant a Flower Day
13th-National Good Samaritan Day; National Napping Day; National Jewel Day	16th-No Selfies Day
14th-National Potato Chip Day	18th-National Corndog Day; Quilting Day
17th-St. Patrick's Day	21st-National Common Courtesy Day
19th-National Chocolate Carmel Day; Let's Laugh Day	23rd-National Puppy Day; Chip & Dip Day
22nd-National Goof Off Day	28th-National Something on a Stick Day
24th-Chocolate Covered Raisin Day	31st-National Tater Day
30th-National Take a Walk in the Park Day	

VOLUNTEER OPPORTUNITIES

Concessions—March 23rd

HAPPY
BIRTHDAY

1st - Jocelyn

County Activity Night

Get Ready your chance to show off your Public Speaking Skills

All Young Commissioners are asked to do either a speech or presentation at County Night. This can be on anything you would like to talk about, you are only limited by your imagination.

At County Night is very laid back. You will give your presentation or speech in front of 2-3 judges. They will give you feedback on how well you did and give you suggestions of what you might want to do if you go onto District Level. At District Level some of the topics have monetary awards so check out the next few pages for the categories and rules.

Start thinking about your topic, don't worry about category we will fit you in the best category for you. We will answer any questions at the March meeting.

Be ready to do a trial run at our April meeting.



May 2nd



Citizenship & Civic Education

Citizenship/Community Service

Objective: To encourage youth to learn about the citizenship program, to learn to be better citizens, how they can support their community, country, and world, to become involved in their community through service activities, to teach youth the importance of giving back to their community. **Topics**

Include: The Constitution, the three branches of government, how bills become laws, the rights & responsibilities of being a US citizen, identify a community need, plan a service project, etc.

District Award if applicable: \$50

State Award if applicable: \$75

Communication & Expressive Arts

Arts & Communication

Objective: To study and investigate the varied aspects of communications and expressive arts. Also, to provide a forum for youth to share information related to communications and expressive arts.

Topics Include: modern crafts, art, collections, hobbies, dance, sign language, creative writing, music, etc. **NOTE:** This is a presentation category, not a performance opportunity.

District Award if applicable: Medal

State Award if applicable: \$50

Public Speaking

Objective: To develop an appropriate speaking presence and increase knowledge of and skills in speech preparation and delivery. **Topics Include:** patriotism, 4-H involvement, teen pregnancy, alcohol and teens, staying in school, the effects of media on youth, academic testing, volunteerism, being a positive role model, etc.

District Award if applicable: \$50

State Award if applicable: \$75

Family & Consumer Sciences

Family & Consumer Sciences

Objective: To increase the level of knowledge regarding child and family relationships, parenting, family/home management, financial management, and consumer science. **Topics Include:** Parenting, preparing and/or following a budget, stain removal, fabrics and selection of fabrics, living space re-designs, room makeovers, home safety (radon, carbon monoxide, etc.), comparison shopping, etc.

District Award if applicable: 8-10 & 11-13 = \$50; 14-18 = \$100

State Award if applicable: 8-10 & 11-13 = \$25; 14-18 = Gold \$150, Silver \$75, Bronze \$25

Hospitality, Etiquette & Social Graces

Objective: To encourage youth to learn and model proper etiquette and social graces. **Topics Include:** introductions, a proper place setting, cell phone etiquette, party/event planning, dining Do's and Don't's, writing thank you notes, dressing for a social occasion, flag etiquette, etc.

District Award if applicable: \$100

State Award if applicable: \$100

Healthy Lifestyles

Health/Fitness

Objective: To encourage youth to investigate and improve their health, the health of their family and community. **Topics Include:** weight management and diet, exercise, fitness plans, asthma, car seat safety, carbon monoxide poisoning, child abuse, dental hygiene, eating disorders, CPR training, Heimlich maneuver, gang violence, heart disease, immunizations, Down syndrome, cancer and cancer screening, sport injuries, the benefits of recreational activity, karate, etc.

District Award if applicable: \$75

State Award if applicable: \$25

Foods & Nutrition

Objective: To learn the nutritional contributions in any foods area that is not already identified as a presentation category, to acquire skills in planning, purchasing, preparing, and serving healthy foods, basic in-depth nutrition. **Topics Include:** breads, cookies, dairy, nutrition, etc.

District Award if applicable: \$75

State Award if applicable: \$75

Personal Development

Open Class

Objective: To provide opportunities for youth to present unique subjects that are broader than the established subject categories. **Topics Include:** how to play chess, cake decorating, studying your family tree, flying a kite, the great pyramids, how to pack for a trip, setting a beautiful table, etc.

District Award if applicable: Medal

State Award if applicable: \$25

Careers & Entrepreneurship

Objective: To encourage youth to investigate careers in which they are interested and refine skills they will need for the workplace. **Topics Include:** presentations on any career path, how to become a veterinarian, nurse, teacher, lawyer, rocket scientist, etc., what a park ranger does, a day in the life of a racecar driver, I want to be an archeologist, resume writing, dress for success, how to select a college, starting your own business, interview skills: what you need to know, etc.

District Award if applicable: \$75

State Award if applicable: \$200

Presentation Rules and Regulations

1. Age Divisions: 8-10, 11-13 & 14-18
2. Age eligibility is established on January 1, 2021. To participate in 2021, the 4-H member must be 8 years old prior to January 1, 2021 and not have had his/her 19th birthday before January 1, 2021.
3. Time Requirements: For all general presentation categories, the following time requirements are expected: a minimum of **5 minutes and a maximum of 12 minutes**. Judges will use their discretion in ranking presentation length. Exceptions are as follows: **Public Speaking (5-7 minutes)**
4. A team is composed of two individuals except in 4-H Entertains, which has no limit. If team members are not in the same age division, they must compete in the older division.
5. No live animals may be used in any presentation. Firearms and/or weapons or anything resembling these are not allowed during any presentation
6. 4-H members age 14-18 will be asked to present a knowledge-based presentation. There should be no food preparation presented during the presentation; thus, no tasting by judges.
7. Please avoid promoting any "brand" items in your presentations. If you use specific brands especially in your foods presentations, just cover up the name labels.
8. Costumes or appropriate clothing can be worn in your presentations. All clothing must meet the 4-H Guidelines and must be 4-H appropriate.

Young Commissioners General Meeting
February 2, 2023

Attended: Addison Tunnard, Isaac Alavarado, Jeanne Apperson, Jocelyn Gomez, Kennedy White, Nikki Ragland, Omar Brito, Sally Cabrera, Sa'ni Johnson

Jocelyn called the meeting to order at 4:35

Sa'ni lead the pledge of allegiance Nikki lead the 4H pledge

Treasurers report: Nikki reported there was no activity in January. Balance is \$1259.61

4H News: Omar & Isaac reported that the Clover council met to discuss the banquet. Date February 17th 6:00-7:30pm. Parents are invited to attend. The theme is 1 in a million. There will be a table decorating contest (see later in the minutes) Please let Ms. Cindy know if you are going to attend so we can have room at the table for you.

Volunteer opportunities: February 18th Mann Ctr. Concessions; April 1st Partnership for Children & Families Cornhole Tournament

Kathy Taylor from teen court gave a presentation they are recruiting teens to work in the court.

Table Decorating Contest – Jocelyn reported our table theme will be seashells since they are all different. It was suggested to have sand, seashells, possibly a fishing net. Decorating will start at 3:00pm on the 17th. Let Jocelyn know if you can help.

Our next meeting will be on March 2nd at the Extension Center. We will be discussing recruiting.

Meeting was adjourned at 5:25

Lee County Teen Court

Teen Court is a diversion program designed to keep youth from being court involved.

Court sessions are held that mimic normal court proceedings and the youth are judged by a jury of their peers.

The youth are required to follow the dispositions set forth in order to avoid further court involvement.

Join Teen Court as a volunteer and you could be Defense Attorney, Prosecuting Attorney, Bailiff, Clerk or juror.

You are asked to give a 1 year commitment.

March court dates are 8th & 22nd. For more information contact Margret Crumroy at macrumroy@gmail.com or call David Jackson 919-892-0438 or Kathy Taylor 919-343-8866.