



# What's News

August 2022

## CONGRATS OMAR



President  
Jocelyn Gomez  
Vice President  
Sally Cabrera  
Secretary  
Emma Apperson  
Treasurer  
Nikki Ragland

Table of Contents  
Page 2 4H Congress

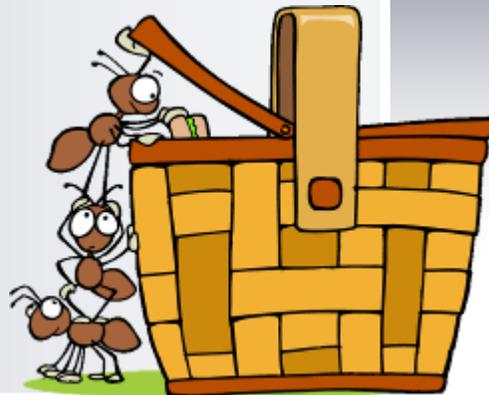
Page 3 Calendar/  
Birthdays

## SUMMER PICNIC

I hope you are all planning on attending the August meeting/Summer Picnic on August 4th, 4:30-6:30pm at the Extension Center. We will have a short business meeting then on to food and fun with team building activities and games. I need to know if you are planning on attending so I know how much food to buy. **I am only ordering food for those who tell me they will be there so email**

**cindy.howenstein@yahoo.com or text me 919.935.6002 with a yes or a no.**

Hope to see you there!



---

# 4H CONGRESS

---

Omar Brito

Hello I'm Omar Brito Lagunas and I just attended 4-H Congress. Congress is not only an event where 4-Her's from North Carolina gather for four days to vote for their delegates that will represent them for the upcoming year but there are many other fun things going on. Congress starts out differently for everyone. For some people it starts by moving into their temporary dorms and for other people it starts with a state presentation like me. I started congress with a presentation under the category Agriculture Safety and Health in which I then went to move into my dorm. Afterwards, we went to the Mckimmon center at NC State University where we spent most of our time in congress. Sunday and Monday we traveled back to the Mckimmon center to do things where we got to know the candidates and do workshops. The workshops have a wide diversity from learning new dance moves to hand weaving emoji keychains or trying to get out of an escape room. We also decorated and made some decorations for the Christmas tree that will be in D.C this year. Monday night we had a gala and dance in which we voted for our candidates and then danced for the rest of the night till it was time for the Clover Lighting ceremony. In which our newly voted delegates were installed into office. On Tuesday we did some community service that consisted of making paracord bracelets for soldiers who are in battle to be put in bags with all sorts of goodies for them. Tuesday afternoon we wrapped up 4-H Congress and went home. 4-H Congress is a great experience where you can make new friends, learn how to make new things, and have a great time.



# YC CALENDAR OF EVENTS

AUGUST/SEPTEMBER

August  
4th—4:30-6:30pm General Meeting/Picnic  
Extension Center

September  
1st—4:30-6:30pm General Meeting  
Extension Center

14th-18th—Lee Regional Fair



**This Is YOUR Fair!**

**Let's All Go to the Fair  
September 14th-18th**

**Be on the look out for the email to  
sign up for the Lee Regional Fair.**

**You must sign up for at least 2  
shifts, if you can do 3 their might be a bonus in it for  
you. If you have a friend that would like to volun-  
teer you can sign them up to work a shift with you.**

**HAPPY  
BIRTHDAY**

**Omar - August 17th**

**Isaac-August 2nd**

**Sally - August 29th**