



**Team Topshots  
Shooting Sports Club**

**Crazy Quilters  
Quilting Club**

**Hearts for Horses  
Saddle Slappers  
Horse Clubs**

**Magetsi  
Latino Dance Club**

**Young Commissioners  
Comm. Service & Leadership**

**If you have 5 interested  
youth you could begin  
your own club.**

————— I pledge —————

my *head* to clearer thinking,  
my *heart* to greater loyalty,  
my *hands* to larger service,  
my *health* to better living,  
for my club, my community,  
my county, and my world.



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**Discover  
Lee County NC 4-H**



*4-H empowers youth  
to reach their full  
potential, working  
and learning in  
partnership with  
caring adults.*

**lee.ces.ncsu.edu**

**4-H** is a fun and educational program in which participants “Learn by Doing.” Kids complete hands-on projects in areas like agriculture, health, science, horticulture, and citizenship. Youth involvement in 4-H has proven over the years to increase leadership skills, community care, and provide needed life skills. Activities and programs will vary depending on age and ability level and are designed for boys and girls anywhere from age 5 all the way up to 19 years old.

4-H is open to all youth regardless of race, color, creed, national origin, sex, or disabilities.

**4-H'ers are...**

**4X** more likely to give back to their communities

**2X** more likely to make healthier choices

**2X** more likely to participate in STEM activities

We encourage family involvement in 4-H. It's not just a youth organization, it's a family organization, providing children and parents with projects and activities designed to help learning and growing, TOGETHER.

One other great thing about 4-H, it is FREE!

Lee County offers a variety of programs for youth to participate in throughout the year. Here are some of those opportunities:

**Project Record Books:**

Encourages record keeping and is a great way to keep track of all you do during the year.

**Community Service Projects:**

Participation in local or state wide missions.

**4-H Community Clubs:**

Clubs of 5 or more youth and at least 1 adult, representing different interest groups.

**Public Speaking Competitions:**

Learning to organize, research, write and present speeches as well as coping with stress, stage fright and competition. There are local, district and state competitions offered to polish these skills.

**Achievement Night:**

To celebrate all that 4-H'ers have accomplished throughout the year.

**Embryology:**

A school enrichment project that gives children hands on experience in hatching chicken eggs.

**Summer Fun:**

Educational, STEM based, and fun short term summer programs.

**Young Commissioners :**

A leadership program designed to focus on leadership topics including public speaking, teamwork and decision-making.

**Farm-City Week**

**4-H Photo Contest:**

Photos taken by 4-H'ers of local agriculture scenes are judged and prizes awarded.

**Family Pumpkin Carving:**

A fun filled evening of laughter and creativity for the whole family.

**Art Contest:**

4-H'ers Artwork submissions are judged and prizes awarded.

**National Youth Science Day:**

The world's largest youth-led science experiment. Every year thousands of youth take part in the National Science Challenge focusing on important STEM topics and issues.



HEAD



HEART



HANDS



HEALTH