Activity Quiz 1
Providing Safe Food

Name ___________________________ Date ________________________

True or False?

1. _____ A foodhandler’s hands can transfer pathogens from one food to another.
2. _____ Foodhandlers who don’t wash their hands the right way can cause a foodborne illness.
3. _____ A foodborne-illness outbreak is when two or more people get sick after eating at the same restaurant or foodservice operation.
4. _____ Adults are more likely than preschool-age children to become ill from contaminated food.

How Food Becomes Unsafe
For each situation, circle the letter next to the way in which food became unsafe.

1. Leftover soup is cooled on the counter.
   A. Cross-contamination
   B. Poor personal hygiene
   C. Time-temperature abuse

2. A foodhandler wearing gloves places a hamburger on the grill and then places lettuce and tomato on a bun.
   A. Cross-contamination
   B. Poor personal hygiene
   C. Time-temperature abuse

3. A foodhandler prepping a salad stops to scratch an itch on her arm and then returns to making the salad.
   A. Cross-contamination
   B. Poor personal hygiene
   C. Time-temperature abuse

4. A server setting tables touches the food-contact surfaces of the utensils when placing them on the table.
   A. Cross-contamination
   B. Poor personal hygiene
   C. Time-temperature abuse

Potential Hazards
What are the three categories of potential hazards to food? Give an example of each hazard.

• ____________________________________________
• ____________________________________________
• ____________________________________________
Answers

True or False?
1. T
2. T
3. F
4. F

How Food Becomes Unsafe
1. C
2. A
3. B
4. A

Potential Hazards
Here are the three categories of hazards.

- Biological; examples include bacteria, viruses, parasites, fungi, and toxins from plants, mushrooms, and seafood.
- Physical; examples include foreign objects, such as hair, dirt, broken glass, metal staples, and bones.
- Chemical; examples include pesticides, food additives, preservatives, cleaning supplies, and toxic metals.